

Foreword

“*The New Art and Science of Pregnancy and Childbirth*” is clearly a product of the absolute dedication of a group of medical specialists, to obstetric care at the KK Women’s & Children’s Hospital. The myriad of writers included obstetricians, neonatologist, anesthetist, psychiatrist, sports physician, nurses, allied healthcare providers, dentist, dermatologist and a TCM physician.

This book comprehensively covered the entire spectrum of topics relating to pregnancy, starting from pre-pregnancy issues to post-delivery care.

I congratulate the editors and authors for organizing the topics systematically and in a manner as understandable by a layperson. The FAQ style makes easy reading and helps in the quick assimilation of the medical information. It informs a reader what medical caregivers look for, the rationale of care and how she can adequately prepare herself for a consultation, for her delivery or for a procedure.

This book is certainly the most updated and comprehensive book on pregnancy care written by Singapore medical specialists and caregivers. I envisage it will become an important reference book for anyone who is preparing for pregnancy or for those who are going through pregnancy.

I salute the editors and authors for their devotion to their obstetric calling at the KK Women’s & Children’s Hospital and the timely production of this important reading material for the public.

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