

Preface

At the beginning of our journey, on 1st April 1990, Kandang Kerbau Hospital (KKH) planted the seed with the start of urogynaecological services. Over the years, this has grown into the present Department of Urogynaecology — a full-fledged and independent department.

Our passion has been to do our very best for our patients, in treating problems like recurrent urinary tract infections, overactive bladder syndrome, stress urinary incontinence, pelvic organ prolapse, painful bladder syndrome, and other urogynaecological problems. To this extent, we have seen our patient numbers increased from a few hundreds in 1990 to more than 12,000 as of 2009.

Advancement in science and medical technology, coupled with improved awareness has resulted in a greater willingness to inquire and explore issues. No longer are patients willing to accept that they must take a prescribed drug to control their problem, or have a particular surgery to cure their medical condition. Modern society has equipped patients with enquiring minds that ask: “Why do I need this medicine, or this particular surgery?” Patients want to be informed on the likelihood of success or improvement for the treatment or surgery they are recommended to take or undergo, and

whether there are any complications or side effects. It is with this in mind that we have set out to publish a book that addresses these questions.

We hope that this easy-to-use, concise, yet informative book will help patients understand the common urogynaecological conditions and highlight to them the possible treatment options.

We are truly grateful to all the contributors of this book especially Dr LC Lee and Dr Arthur Tseng who spent much time and effort researching and writing the chapters. We would also like to thank our spouses and families for their support and understanding enabling us to focus in the preparation of this book.

We sincerely thank World Scientific Publishing Co. Ltd. and KK Women's & Children's Hospital for their support during the long process of producing this book and Ms Judy Wong for her dedication and help in liaising between all parties to make this book a reality.

To all our patients who have passed through our doors, and left with a better quality of life and happier hearts, we hereby express our deepest gratitude, appreciation and thanks for your loyal patronage.

We wish you and your family the very best of health always!

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