

CONTENTS

Introduction	
Patient Oriented Teaching	1
Chapter 1	
Patient Case No. 1, Case Description:	
Cardiac Arrest	5
Chapter 2	
Patient Case No. 2.1, Case Description:	
Intermittent Cardiac Arrest	28
Chapter 3	
Patient Case No. 3.1, Case Description:	
Acute Left Ventricular Failure	55
Chapter 4	
Patient Case No. 4.1, Case Description:	
Chronic Left Ventricular Failure	83
Chapter 5	
Patient Case No. 5.1, Case Description:	110
Oedema	
Patient Case No. 5.2, Case Description:	
Oedema	118

Chapter 6

Patient Case No. 6.1, Case Description: Dilated Cardiomyopathy	127
Patient Case No. 6.2, Case Description: Hypertrophic Cardiomyopathy	141
Patient Case No. 6.3, Case Description: Restrictive Cardiomyopathy	151

Chapter 7

Patient Case No. 7.1, Case Description: Non-cardiac Chest Pain	154
--	-----

Chapter 8

Patient Case No. 8.1, Case Description: Stable Angina	175
---	-----

Chapter 9

Patient Case No. 9.1, Case Description: Unstable Angina	198
Patient Case No. 9.2, Case Description: Acute Myocardial Infarction	210

Chapter 10

Patient Case No. 10.1, Case Description: Ventricular Arrhythmia	223
Patient Case No. 10.2, Case Description: Junctional Arrhythmia	234
Patient Case No. 10.3, Case Description: Atrial Fibrillation	237

Chapter 11

Patient Case No. 11.1, Case Description: Mitral Stenosis	252
--	-----

Patient Case No. 11.2, Case Description: Mitral Prolapse And Regurgitation	259
Patient Case No. 11.3, Case Description: Aortic Valve Disease and Infective Endocarditis	263
Chapter 12	
Patient Case No. 12.1, Case Description: Pulmonary Stenosis	270
Patient Case No. 12.2, Case Description: Atrial Septal Defect	273
Patient Case No. 12.3, Case Description: Ventricular Septal Defect	278
Patient Case No. 12.4, Case Description: Tetralogy of Fallot	280
Chapter 13	
Patient Case No. 13.1, Case Description: Systolic Hypertension	284
Chapter 14	
Patient Case No. 14.1, Case Description: Hypertension in Youth — Aortic Coarctation	307
Patient Case No. 14.2, Case Description: Secondary Hypertension	309
Patient Case No. 14.3, Case Description: Primary Hypertension	317
Patient Case No. 14.4, Case Description: Malignant Hypertension	322
Chapter 15	329
Patient Case No. 15.1, Case Description: Varicose Veins, Deep Vein Thrombosis and Pulmonary Embolism	341

Chapter 16

Patient Case No. 16.1, Case Description:

Pericarditis and Pericardial Effusion

357

Chapter 17

Procedures that You Need to Know How to Perform
and Which You Must Practise. You Cannot Stop to
Revise When Faced with an Emergency

366

Answers to Questions Posed in the Text of
Previous Chapters

370

Index

391